



HELP IS HERE

A guide for survivors of sexual assault

New Orleans Edition

Contact Information

Item Number (If reported to law enforcement): _____

Detective Name: _____

Detective Phone Number: _____

Sexual Assault Nurse Examiner Name: _____

SANE Office: (504) 702-4542 SANE Email: Ginesse.Barrett@LCMHealth.org

Advocate Name: _____

Advocate Phone Number: _____

Other Notes: _____

You have the right to an advocate to help you at any point in this

process. If you would like someone to accompany you to make a police report and/or to the hospital exam, or to help review your options, please call the

STAR Greater New Orleans Sexual Assault Hotline at 1 (855) 435-7827.

For free counseling call the
New Orleans Family Justice Center at (504) 592-4005 or STAR (above)

Sexual assault is a devastating personal crime that affects individual survivors and their support systems. This guide is intended to assist adult sexual assault survivors in the Greater New Orleans Area to understand the various systems you may encounter in your recovery, as well as provide you with information about what to expect during the forensic examination, reporting, investigative and prosecutorial processes.

This guide was created as a collaborative project of the New Orleans Health Department, New Orleans Family Justice Center and Sexual Trauma Awareness & Response (STAR). Our agencies offer many services to those who have experienced sexual assault, including: counseling, medical and criminal justice advocacy, legal assistance as well as information and referrals. **If you have any questions, or need assistance, please contact us at any time.**

STAR Greater New Orleans Sexual Assault Hotline (24/7)

Phone: 1-855-435-7827(STAR)

New Orleans Family Justice Center (NOFJC)

Phone: (504) 592-4005 | Crisis Hotline: (504) 866-9554 | www.nofjc.org

Sexual Trauma Awareness & Response (STAR)

Crisis Hotline: 504-407-0711 | Crisis Hotline: 1-855-435-STAR | www.star.ngo

You can learn more about the New Orleans Sexual Assault Response Team (SART) and access additional resources by visiting www.nolasart.org.

If you are younger than 16, please contact the New Orleans Children's Advocacy Center for assistance at (504) 896-9237.



SEEKING JUSTICE
RESTORING HOPE



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Immediately After a Sexual Assault

It's hard to know what to do, how to feel or what your options are after a sexual assault. Please know that you are not alone. If you are in immediate danger, or seriously injured, call 911.

You have the right to an advocate to help you at any point in this process. If you would like someone to accompany you to make a police report and/or to the hospital exam, or just to go over your options, please call **STAR's Sexual Assault Hotline at 1-855-435-7827(STAR).**

The first things you need to know:

1. **Your safety is important.** Are you in a safe place? If you're not feeling safe, consider reaching out to someone you trust for support. You don't have to go through this alone.
2. **What happened was not your fault.** Something happened to you that you didn't want to happen—and that's not OK.
3. **You have options.** Even if you do not want to report to police, you can go to the Sexual Assault Forensic Exam (SAFE) center at the University Medical Center. Here a friendly nurse who is specially trained in sexual assault can offer you medical help, help with STD, HIV and pregnancy prevention, as well as evidence collection and resources. You can say "no" to any part of the exam. Find more info on pages 8 and 17.
4. **Help is here.** Call the STAR GNO Sexual Assault Hotline at **1-855-435-7827** or the New Orleans Family Justice Center at **(504) 592-4005**. An advocate or counselor trained in sexual violence can support you in your healing process. We are also happy to direct you to resources and answer questions about medical care, reporting to law enforcement, legal options or any other concerns you may have. We know this can be confusing and overwhelming—we are here to help!

You Have Survived a Trauma

Rape and sexual violence are traumatic experiences that may interrupt your life at home, at work, and at school, affecting your relationships with friends, family, and coworkers.

When a person experiences a traumatic event, many changes immediately occur in their body. **Individuals do not control these natural reactions to signs of danger. Rather, it is a part of the way that our body is wired to respond to danger and keep us safe.** These changes are often referred to as “freeze, fight, or flight” reactions.

- **Freeze:** This response involves the shutting down of physical reactions to the violence that is occurring.
- **Fight:** To “fight back” against someone trying to hurt us. It can take the form of physical or verbal resistance—using the body to resist or hit, throwing something or screaming.
- **Flight:** Sometimes a person’s reaction is to flee the situation—the body mobilizes to leave the traumatic experience and escape the threat.

**Whatever you did to survive
was the right thing to do.**

Trauma and Memory

The way we store memories during a traumatic event is very different than the way we remember things in day-to-day life. It is very normal for survivors to have gaps in their memory or to have a hard time recalling the order of events.

The important thing to remember is that **you survived**, and now you can begin to recover.

Although this process is often slow and confusing, healing does happen. You have control over how you recover.

Experiencing so many different emotions is a part of working through what has happened to you. Right now, you may wonder when you will “get your life back.” Or, perhaps you are not feeling much at all.

Many survivors have found that patience, time and support from others has helped them recover.

**There is no uniform “recovery calendar.”
Individuals pass through recovery stages
in their own way and time.**

Self-Care

Here are a few ways to care for yourself during your healing process:

Physical Activities: Go for a walk. Do yard work. Take a jog. Vacuum. Dance. Do an exercise video. Bike. Do sit-ups or squats.

Relaxing Activities: Listen to music. Take a bath or shower. Take a nap. Read a book or magazine. Join a Yoga class. Rock yourself gently. Watch a movie. Pet an animal. Spend time outside.

Creative Activities: Draw. Paint. Write a song or poem. Bake. Use a journal. Work a puzzle. Garden. Play "make believe" with a child. Volunteer.

Stay Connected to Your Body: Take deep breaths. Stand up and walk around. Laugh. Turn up the lights. Tense and release different muscles. Ask others to talk with you. Eat foods you enjoy.

See a Counselor: A good counselor can be a great support to help guide you through your healing process. For free counseling see page 18.

Navigating the Systems: Who will I work with?

If you chose to report a sexual assault to the police, you may work with a few different people and systems that will help in the investigation and prosecution of your case, and provide you with support.

Medical Staff

Often, the first step in reporting is receiving a sexual assault forensic exam to preserve evidence (sometimes called a “rape kit”) from a Sexual Assault Forensic Nurse (SANE). A SANE has special training in treating sexual assault survivors. The SANE nurse will do a detailed exam which can include a statement about the assault, evidence collection, optional STI/HIV and pregnancy prevention as well as addressing other medical concerns. Find more info on the SANE program on pages 8 and 17.

You can get a forensic exam up to 5 days after an assault. If your assault occurred more than 5 days ago, still contact your doctor or a local clinic for STI testing. For medical resources see page 17 of this guide.

Law Enforcement

The role of law enforcement is to protect and to serve the public. In cases of sexual assault, this role translates into ensuring the safety of the survivor and the community by investigating reports of the crime.

If you choose to report to police, the patrol person will call a detective from the NOPD Sex Crimes unit to investigate your case. The detective will interview you to collect information about the assault. The detective’s job is to determine whether the report of sexual assault meets the elements of a crime as defined by Louisiana law; this involves piecing together a factual history of the assault by collecting statements from the survivor, witnesses, and suspect(s) as well as physical and corroborative evidence. For more information about reporting to police, see page 10 of this guide.

Advocates

The role of advocates is to provide survivors and their loved ones with non-judgmental crisis intervention services, support, information and referrals to address various needs. Advocates also provide confidentiality: except in rare circumstances, nothing will be shared without your explicit permission.

If you go to the hospital, an advocate will be present to provide support and/or discuss your reporting options, and inform you of what to expect throughout the criminal justice process. Advocates can also be present during interviews with police and prosecutors at your request.

If an arrest is made, you will be assigned an additional advocate from the District Attorney's Office who will help you throughout the court process.

Prosecutors/ District Attorney's Office

The role of the District Attorney's (DA) office is to hold offenders accountable through the prosecution of criminal cases. Prosecutors are responsible for evaluating reports of sexual assault to determine if sufficient evidence exists, or could be obtained, to file criminal charges.

The DA prosecutor will handle your case throughout the court process. You may be asked to meet with them to go over your case. The court process can last from a few weeks up to 2 years. Find more information about working with prosecutors on page 15 of this guide.

Counselors

Licensed trauma counselors are available to survivors at any point in their recovery process. Some survivors may decide to enter into counseling immediately after an assault, while others may wait several weeks, months or years to seek therapeutic support. The New Orleans Family Justice Center (NOFJC) and Sexual Trauma Awareness and Response (STAR) provide individual and group counseling to survivors for free. You do not have to report to law enforcement to receive services. Find info on counseling resources on page 18 of this guide.

Medical Care and Concerns

Forensic Medical Exam

A forensic medical exam can be done up to 5 days following the assault. This exam is complex and on average, takes 3-5 hours. While this may seem lengthy, medical and forensic exams are this way because the survivor deserves and needs special attention to ensure that they are medically safe and protected. In addition, it is important to collect evidence so that if you choose to report the crime to the police, they can access the stored evidence.

A sexual assault forensic exam can include:

- A head-to-toe, detailed examination and assessment of the entire body (including an internal examination);
- A collection of blood, urine, hair and other body secretion samples;
- Photo documentation of any injuries;
- Collection of clothing (especially undergarments).

The SANE nurse will also offer you treatment for sexually transmitted infections (STIs) that you may have been exposed to during the assault.

You have the right to accept or decline any or all parts of the exam.

However, it is important to remember that critical evidence may be missed if not collected.

Follow-Up Medical Care

- After an exam, it is recommended that you receive follow-up STI testing from your doctor or at a local clinic.
- If you chose to take HIV prophylaxis (prevention) at your forensic exam, you will also need to follow up with the HOP clinic within 5 days for help filling your prescription (instructions given at exam).
- A SANE nurse will call you with your lab results in 3-5 days. If you do not hear from the nurse after 1 week, please call (504) 702-4542
- For free/low cost medical services and HOP clinic info, see page 19.

Paying for Medical Care

You should never get a bill for a forensic medical exam; however, you may be charged for additional services such as STI prevention, treatment of additional injuries, or follow up medical care.

Advocates at the New Orleans Family Justice Center or STAR may be able to help if you receive a medical bill or direct you to other resources such as Crime Victims Reparations (CVR) to cover some of your expenses.

Survivor Rights throughout the Medical Process

All victims of sexual assault have the following rights throughout the medical process:

- To receive a forensic exam/rape kit free of charge.
- To consent to all, none, or parts of the forensic exam/rape kit.
- To have the forensic exam completed even if you have not decided if you want to report the assault.
- To request that a medical advocate from one of the local sexual assault agencies be present at the hospital with you.

What happens to my evidence?

Evidence collected will be sealed in a Forensic Evidence Kit and transported to the crime lab for testing. If you decide not to report to the police, your kit will not be tested for evidence but it will be stored by the NOPD with a number. NOPD will keep your evidence for a year or longer if you chose to report at a later time.

The process of testing the kit takes approximately six weeks, although it may take much longer. Your NOPD detective should be able to answer questions about the status of your kit.

Reporting to Law Enforcement

Should I Report to Police?

Justice can mean different things to different people, and reporting a crime to law enforcement is an individual decision. Many who have decided to report to law enforcement have described it as the first step in seeking justice for the crime by holding the perpetrator accountable for their actions. For others, reporting can also be a very draining and lengthy process. It may not be an easy decision to make, but it's a choice that may have a positive impact on your recovery.

Reporting can also have a positive impact on the lives of others. Perpetrators of sexual assault tend to be serial criminals. When you report sexual assault or abuse, you are increasing the chances that this person will face consequences for the crime, limiting the chance this person could hurt someone else.

If you are deciding whether or not to report, an advocate at the STAR Sexual Assault Hotline can help talk you through your options. If you do decide to report the assault to police, contact the New Orleans Police Department by dialing **911** or **come to the New Orleans Family Justice Center** where the NOPD Sex Crimes unit is housed (701 Loyola Avenue, Suite 201, NOLA 70113), or call the NOFJC at **504-592-4005**.

Justice can mean different things to different people, and reporting a crime to law enforcement is an individual decision.

Common Concerns about Reporting

There are many reasons survivors decide to remain silent about their assault. We know that reporting can be a difficult decision. Below are common concerns about reporting to law enforcement.



"The perpetrator got scared away or stopped before finishing the assault."

Attempted rape is a serious crime and can be reported. Reports of attempted rape and other assault are taken seriously.

About 2/3 of survivors know the person who assaulted them. It can be confusing to be hurt by someone you know. Regardless of who the perpetrator is, sexual assault is against the law.

"I know the person who hurt me."



"I've been intimate with the perpetrator in the past, or am currently in a relationship with the perpetrator."

Sexual assault can occur within a relationship. Giving consent in the past does not give them consent for any act in the future. If you did not consent, they acted against the law—and you can report it.

Most sexual assaults do not result in external physical injuries. It's important to receive medical attention to check for internal injuries. You can also choose to have a sexual assault forensic exam to check for DNA evidence that may not be visible on the surface.

"I have no physical injuries, and I'm worried there's not enough proof."



Common Concerns about Reporting



"I'm worried people will think it's my fault because I was drinking."

As part of their plan, attackers may encourage victims to use alcohol or may identify individuals who are already drunk. **Alcohol is not a cause of rape, but is one of many tools that perpetrators use.**

Just because you didn't resist physically doesn't mean it wasn't rape —People respond to an assault in different ways—freezing is a very common response to being attacked. **Whatever you did to stay alive and get through was the right thing to do.**

"I didn't fight back physically, so I'm not sure if I was raped."



"I thought 'no,' but didn't say it...does that mean it isn't rape?"

It depends on the circumstances. If you didn't say "no" because you were legitimately scared for your life or safety, then it may be rape. Freezing is a common reaction when the body is overwhelmed with a dangerous situation, and **sometimes it isn't safe to resist, physically or verbally.**

What to Expect When Reporting

If you choose to report to police, a detective from the NOPD Sex Crimes unit will investigate your case. A NOPD social worker or advocate can also be with you during any interactions with law enforcement. The detective will interview you to collect information about the assault. They may ask some questions that feel uncomfortable in order to get the information they need for the investigation. The detective's job is to determine whether the report of sexual assault meets the elements of a crime as defined by Louisiana law. This involves piecing together a factual history of the assault by collecting statements from the survivor, witnesses, and suspect(s) as well as physical and corroborative evidence.

Often survivors are not ready to report right away, and that's ok. When you are ready, a detective can take a report anywhere that is comfortable for you. Survivors have the right to have an advocate or support person present during the interview. The detective may follow up with you throughout the investigation to get additional information, identify the perpetrator in a line-up, etc.

Your detective should give you an item number, their name and contact information following your initial report. If you remember more information following the initial interview or have questions, let your detective know! Our memories do not work well during trauma, so it is very common to remember additional details after a few sleep cycles.

The criminal investigation process can be very quick or very lengthy. Depending on the progression of the case, law enforcement may make a prompt arrest, or it may take days, weeks, months, or an arrest may never be made. *Remember, if the detective is unable to make an arrest, this does not mean that they did not believe you or that the crime didn't happen, but rather that there was not enough evidence to find "probable cause" to make the arrest.* If you have questions or want an update on your case, you can contact your detective directly or any of the NOPD Sex Crimes Unit social workers (see page 17 of this guide).

Survivors are encouraged to connect with an advocate or counselor to get extra support through this difficult process.

Your Rights as a Survivor

At All Times

1. You have the right to be treated with fairness, dignity and respect.
2. You have the right to privacy.
3. You have the right to a free forensic exam regardless of your decision to report to law enforcement.
4. You have the right to receive emergency, social and medical services as soon as possible when you report the crime.
5. You have the right to have a victim advocate present when interviewed by law enforcement and/or prosecutors, and to be interviewed in a private setting.
6. You have the right not to be asked or told that you must take a polygraph examination as a condition to an investigation or prosecution.
7. You have the right to have your personal property returned to you when it is no longer needed as evidence.

During a Criminal Prosecution

1. You have the right to reasonable notice and to be present and heard during all critical stages of criminal justice proceedings.
2. You have the right to refuse any interviews by the accused or any representative of the accused.
3. You have the right to confer with the prosecution prior to any final conclusions of the case.
4. You have the right to make a written or an oral victim impact statement at the defendant's sentencing hearing.
5. You have the right to seek restitution if the defendant is found guilty.
6. You have the right to be notified of the defendant's custody, release, escape and probation and parole status.

Overview of Criminal Justice Process (Reported Assaults)

Police Investigation

A detective from the Sex Crimes unit will investigate the sexual assault through various means including interviewing the victim and any witnesses and/or perpetrator and collecting any physical and/or corroborative evidence.



Optional Hospital Visit

The police may ask you to visit University Medical Center for a forensic medical exam or "rape kit." A nurse will take care of you medically and collect any evidence from your body. You can say no to any part of the exam.



Arrest

The police may decide to arrest the accused person. If an arrest is not made, it does not mean this person is innocent. The police just did not have enough evidence to continue.



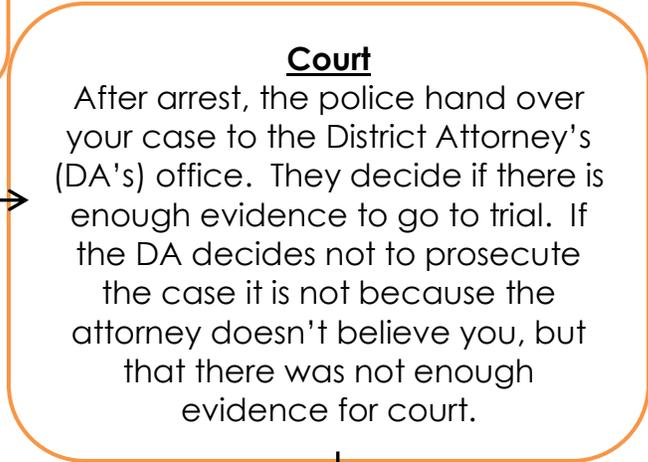
Arrest Made

You will be assigned an advocate from the DA's office to help you through the court process.



Arrest Not Made

Your case will remain open in case new evidence is found.



Court

After arrest, the police hand over your case to the District Attorney's (DA's) office. They decide if there is enough evidence to go to trial. If the DA decides not to prosecute the case it is not because the attorney doesn't believe you, but that there was not enough evidence for court.



Punishment

Your attacker may be offered a plea bargain (agree to a punishment) or will be found "guilty" or "not guilty" (and sentenced by the judge) at trial.

Civil Legal Options

Even if your case does not end in arrest or prosecution, you have the right to take civil legal action, such as suing the perpetrator for damages (physical, emotional, etc.) or getting a restraining order. You may hire a private attorney or STAR or the NOFJC can help with your legal options. For more information call **(855) 435-STAR**.

Working with the Court and DA's Office

The role of the District Attorney's (DA's) office is to hold offenders accountable through the prosecution of criminal cases. Prosecutors are responsible for evaluating reports of sexual assault to determine if sufficient evidence exists, or could be obtained, to file criminal charges.

If an arrest is made, the case is transferred from the detective to the District Attorney's office. It can take several weeks or even months for a case to be transferred to a prosecutor after an arrest. The DA's office will review the case, and decide whether there is enough evidence to go forward with prosecution. **Sometimes even if an arrest is made, the DA's office will find there is not sufficient evidence to go forward with trial.**

If the DA's office accepts your case, the DA prosecutor acts as the attorney who proceeds with the case throughout the criminal process. You will also be assigned an advocate from the DA's office to support you and keep you up-to-date throughout the court process. The advocate will give you their contact information and they are the best person to call with any questions or information for your attorney. Advocates can go to court in your place for most of the court proceedings.

The criminal court process can last from a few months to a few years. You may be asked to meet with your prosecutor at various points to go over your case, to be present during court, and/or to testify if the case ends up going to trial. However, just because your case is accepted does not necessarily mean you will have to go up on the stand. Often a perpetrator will accept a plea deal before it comes time for a trial.

If a perpetrator takes a plea deal or is found guilty, the judge will assign a sentence in line with their criminal charges.

If an arrest has been made in your case and you do not know your DA advocate, contact the Family Justice Center at 504-592-4005 for help connecting with them.

Resources

Law Enforcement

New Orleans Police Department (NOPD)

Emergencies: 911

Non-emergencies: (504) 821-2222

Sex Crimes Direct Line: (504) 658-5530

Website: www.nola.gov/government/nopd

NOPD Sex Crimes Unit Social Workers

Main: (504) 658-5523

Worker Cell: (504)579-4375, (504)952-3710, (504)220-0603

Medical

University Medical Center (for 17+)

Sexual Assault Nurse Examiner (SANE) Unit

(Enter on the 2nd floor at Emergency Department, check in with nurse)

2001 Tulane Avenue, New Orleans, LA 70112

Main: (504) 702-3000; Emergency: (504) 702-2243

Sexual Assault Nurse Examiner unit: (504) 702-4542

Website: www.umcno.org

Children's Hospital (for under 18)

200 Henry Clay Avenue, New Orleans, LA 70118

Main: (504) 899-9511; Emergency: (504) 896-9474

Website: www.chnola.org

- Acute Forensic exams/rape kits for individuals under 18 years of age (go here if abuse may have happened in the past 3 days)

Children's Advocacy Center/Audrey Hepburn CARE Center (for under 18)

1101 Calhoun St. New Orleans, LA 70118

Phone: (504) 896-9237

Website: www.chnola.org/care & www.nocac.net

- Medical forensic exams for children under 18 years of age when abuse is suspected. Child-friendly forensic interviewing and connections to resources for children and their families including counseling and help navigating systems.

Advocacy, Counseling & Legal Services

New Orleans Family Justice Center

701 Loyola Ave., Suite 201, (U.S. Postal Service Tower), NOLA 70113

Phone: (504) 592-4005 | Crisis Hotline: (504) 866-9554 | www.nofjc.org

- Support for all survivors sexual assault, child abuse, intimate partner violence and stalking and their children. All services are free of charge.
- Counseling (adults & children over 7), advocacy, legal services, 24-hour d/v crisis hotline, emergency shelter

Sexual Trauma Awareness & Response

123 N. Genois St. (Mid-City)

Phone: (504) 407-0711 | Crisis Hotline: 1(855)435-STAR | www.star.ngo

- Support for all survivors and secondary survivors of sexual trauma aged 12 and older. All services are free of charge
- Advocacy, Legal, Counseling, Prevention, 24-hour crisis hotline

Metropolitan Center for Women and Children

Serves Jefferson, St. Tammany & River Parishes

Phone: (504) 837-5400 | Crisis Hotline: (504) 837-5400 | www.mcwcgno.org

- Services for survivors of domestic and sexual violence

Women With a Vision (WWAV)

1226 N. Broad St., NOLA 70119

Phone: (504) 301-0428 | www.wwav-no.org

- Serves survivors of sexual & domestic violence. Specialized services for LGBTQ community, sex workers and women of color.

To find Rape Crisis Center in other locations, go to:

www.centers.rainn.org or call 1 (800) 656-4673 (HOPE)

Other Counseling Resources

You can also look into counseling through your personal health insurance. Keep in mind, if you use your parents' insurance, they may be notified that you are using counseling services. If you seek a private counselor, look for those with experience working with victims of trauma. Also keep in mind that victims of sexual assault can get free counseling through local Sexual Assault Centers (see above).

Hotlines & Additional Support

STAR Greater New Orleans Sexual Assault Hotline: 1 (855) 435-7827 (STAR)

RAINN National Sexual Assault Hotline: 1 (800) 656-4673 (HOPE)

RAINN Online Hotline: www.online.rainn.org

- All services are 24/7, confidential and offered in English and Spanish

National Suicide Prevention Lifeline: 1 (800) 273-8255 (TALK)

Department of Defense SAFE Hotline for Service Members: (877) 995-5247

SAFE Online and Text Hotline: www.safehelpline.org

- 24/7, confidential support for service members, available world wide

Healthcare Clinics

HIV Outpatient Clinic (HOP Clinic)

University Medical Center Ambulatory Care Building

2000 Canal Street, New Orleans LA 70112

- If you are prescribed HIV prophylaxis (preventative) at your SANE exam, the HOP will help fill your prescription for free and answer any questions.

Planned Parenthood

4018 Magazine St., New Orleans, LA 70115

Phone: (504) 897-9200 | Website: www.plannedparenthood.org

504 Health Net (Multiple locations for primary care, follow up care, testing)

To locate a clinic near you: (504) 658-2053 | Website: 504healthnet.org

- Free and low cost Healthcare and Mental Health Services
- Accepts Medicaid, GNO Health Connection and sliding scale. No one turned away due to ability to pay.

Women's Healthcare Center, Inc.

2701 General Pershing St., New Orleans, LA 70115

Phone: (504) 899-6010 | Website: www.womenshealthcarecenter.com

- Family planning and pregnancy termination services
- For information and/or help paying for a pregnancy termination as a result of sexual assault, go to www.neworleansabortionfund.org

Crime Victim Resources

New Orleans District Attorney's Office

Address: 619 South White Street, NOLA 70116

Phone: (504) 822-2414 | Website: orleansda.com

Louisiana Crime Victims Reparations (CVR) Program

Statewide phone: (225) 342-1749 or 1 (888) 6-VICTIM

Orleans Parish CVR Rep: Sgt. Stephanie Minto (504) 827-6702 ext. 4377

Website: www.lcle.state.la.us/programs/cvr.asp

- The Louisiana Crime Victims Reparations Fund helps innocent victims and their families pay for the financial cost of crime when they have no other means of paying. Reimbursable expenses include some medical, dental and prescription expenses, counseling, loss of earnings and support, emergency relocation, funeral expenses and more.
- Information and forms to apply to CVR are on the website listed above. Contact your parish representative if you need additional assistance.

Louisiana Automated Victim Notification System (LAVNS)

Phone: (866) 528-6748 | Website: www.vinelink.com

- This service allows crime victims to obtain timely information about criminal cases and the custody status of offenders 24-hours a day. If your attacker is arrested, your DA advocate will help get you signed up.

Silence is Violence

316 S. Broad St., NOLA 70119

Phone: (504) 948-0917 | Website: www.silenceisviolence.org

- Services include grief support, financial advocacy, and help navigating the Orleans and Jefferson parish criminal justice systems.

It happened to Alexa Foundation

Phone: (716) 754-9105 or 877-77-ALEXA (25392)

Website: www.ithappenedtoalexa.org

- Assists rape victims' families with travel expenses to accompany survivor during the court process.

Notes