

What is Sexual Assault??

- ♦ Sexual assault or rape is unwanted sex or sexual contact. All sexual assault is a crime.
- ♦ Sexual assault can happen to ANYONE.
- ♦ Having sex with someone who cannot agree to it is also illegal. This includes children and people who are drunk or using drugs.

If you don't know if you were raped, you can call the numbers on this brochure. Someone can talk with you about your experience.



For Help, Call:

**STAR Greater New Orleans
24/7 Sexual Assault Hotline**
1.855.435.STAR (7827)

New Orleans Family Justice Center
504.592.4005 (main) • 504.866.9554 (crisis)

RAINN National Sexual Assault Hotline
24/7 Crisis Line: 800.656.HOPE(4673)
Online Hotline: rainn.org

CALL 911 IN AN EMERGENCY.



nolasart.org



[facebook.com/sartnola](https://www.facebook.com/sartnola)

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rape. sexual assault.

You are not alone
You are not to blame

Help is Here.



**NEW ORLEANS
Resources for Survivors**

What can I do if I was raped?

Go to the Hospital

SAFE Center, University Medical Center
(Enter at the Emergency Room, 2nd Floor)
2001 Tulane Avenue NOLA 70112
(504) 702-4542

- ◆ Check-in at the emergency room and let them know you were sexually assaulted. A nurse will bring you to a private room.
- ◆ Most people go to the hospital because they want a doctor to collect evidence because they are hurt. Evidence can be collected for up to 5 days after the assault.
- ◆ At the hospital, you can also get help preventing STI's, HIV and pregnancy
- ◆ It helps if you come straight to the hospital. Try not to take a bath, pee, eat, or drink.

You can come to the hospital even if you do not want to report to police.*

You can say NO to any part of the visit.

*Exceptions may apply for abuse of elders, minors & disabled

For Children & Youth under 18:
Call the CARE Center at (504) 896-9237
If it may have occurred in the last 3 days go to:
Children's Hospital Emergency Room
200 Henry Clay Avenue, NOLA 70118



Talk to a Counselor, Get Support, Learn about your Options

- ◆ No matter when you were assaulted a counselor can help you to heal.
- ◆ Advocates are available to talk through your options, answer questions and connect you to legal and other services

New Orleans Family Justice Center

504.592.4005 • nofjc.org
Free Counseling • Legal • Advocacy

Sexual Trauma Awareness & Response

504-407-0711 • www.star.ngo
Free Advocacy • Legal • Prevention

Metropolitan Center for Women & Children 504.837.5400 • mcwcgno.org
For Jefferson, St. Tammany & River Parishes

To find rape crisis centers in other locations, go to: centers.rainn.org
or call 1.800.656.HOPE (4673)

Report to Police

**Call 911 or report at the
New Orleans Family Justice Center
(701 Loyola Ave, Suite 201, NOLA 70113)**



- ◆ The police will meet you anywhere, including the hospital.
- ◆ You will probably talk to two officers. One will get your basic information and then a detective will ask more questions about what happened.

Healing Takes Time

- ◆ Remember it's not your fault. You are a victim of a crime.
- ◆ No one asks or deserves to be raped.
- ◆ Whatever you did to survive was the right thing to do.
- ◆ There is no right or wrong way to feel after being raped. People deal with trauma and heal in many different ways.